The Road to Independence

Growing up with her parents and her three siblings, Susan, Alan, and Barbara, Nancy spent her days at school and her evenings enjoying family dinners. Nancy attended



school until graduating with her high school degree and "was a good student, but was sometimes subjected to what is today called bullying," says her sister Barbara. Nancy didn't let this get her down, in fact, she always loved school as she says, "I kind of taught myself how to read. I had a hard time writing but I could read well and I always have liked to learn."



Following high school Nancy moved into a state-run program in West Palm Beach, Florida where she worked at a local cafeteria to earn money and stay active. Unfortunately, after a period of time her hours were cut leaving her with extra time on her hands. Resources for individuals with

developmental disabilities ran scarce and the opportunity to attend a day training program was not available. Nancy thrives in an environment that provides the chance for growth and in West Palm Beach there were not many options to keep her as busy as she prefers. Instead, her days were routine and Nancy often found herself stricken with boredom. During Nancy's 23 years living in this program she continuously sensed something missing.

When the program Nancy lived in was terminated in 2000, she moved in with her sister Barbara and Barbara's husband John in New Smyrna Beach, Florida. Spending several years living with her sister, Nancy's journey took a turn and she began to explore her independence by going on her own "little adventures" as Nancy calls them. Learning to ride the Votran Bus system, she memorized the bus routes and would take trips to the grocery store

and prepare dinner for her sister and brother-in-law to come home to after work. Nancy even spent one of her daily trips to visit the light house in Ponce Inlet, Florida. During this time, Nancy also attended the Special Population Arts and Recreation Council (SPARC). SPARC opened up opportunities for her to participate in activities such as bowling, softball, and soccer as well as provided a social atmosphere and other opportunities to get outside of the

house while her family worked.



In June of 2008 Nancy began her life at the Duvall Home. "I took a tour of Nickless Cottage and liked everything right away. I wanted to move in right then!" she exclaims. Today, Nancy attends Opportunities (OPPS), Duvall's Adult Day Training program, where she participates in numerous activities, socializes with her fellow classmates, and volunteers in the community with the Meals on Wheels program.



Continued on page 5...

The Duvall Home's Board of Regents

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From the Chairman of the Duvall Home Board of Regents

Since our last meeting we lost a member of the Board of Regents, Daryl Tol. We wish Daryl the very best and appreciate all his efforts on behalf of the home. We also gained a new board member, Randy Marshall. Randy was born in Orange City and is a practicing attorney there. We look forward to working with Randy.

According to my daughter Leigh, the pool is open much to the delight of the residents.



Remember Duvall is looking for homes in Volusia County for future expansion. Each home must be four bedrooms and at least two baths with no pool and no split levels.

Wishing each of you a healthy and happy summer,

Kirby Moncrief

From the Desk of Steven C. DeVane, Chief Executive Officer

This past Florida legislative session could be considered favorable for individuals with disabilities. Governor Rick Scott approved \$36 million dollars to be used to help get some 750-1000 individuals off of the Medicaid waiver wait list. Up until now only individuals who could make a case for being "in crisis" were being granted waiver status. The governor also approved a 3% increase for providers who offer day training programs. (This includes Duvall's Opportunities Program)

We recently had a meeting with all managers and supervisors to talk about the future of Duvall and the strategic plan as laid out by the Board of Regents. Back in July of last year the Board of Regents mandated the staff of Duvall to continue to add additional group homes to the model of our operations. Since no state funded clients can be placed in McGaffin Hall the board saw a strategic opportunity to expand our group home footprint in the community. In keeping with this initiative I and the senior staff have developed a plan for adding group homes as well as developing operating models for each individual home. This plan includes making each of our group homes more independent and less reliant on services that are provided from the main campus. In doing so we are better able to monitor each group home as a separate department of Duvall. From an accounting and management standpoint this has many benefits. This also allows us to increase the geographic area in which we choose the location of our next group homes. It allows us to place these homes deeper within the southwest Volusia area communities of Orange City, Deltona and DeBary. This will increase the visibility of Duvall within these communities and allow our residents to make better use of public transportation and other community resources such as libraries, parks, shopping etc.



The future is ripe with new opportunities for service to our current and future residents. As Duvall Home seeks to meet each of these new opportunities we will do so with the support of staff, parents and guardians and the community.

Thank you each and every one for your continued support.

Steven DeVane, Chief Executive Officer

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A Moment with Marsha Shankleton

We are getting ready for the summer. The pollen count is high and the grass is growing. Our maintenance crew has really been busy keeping all the lawns mowed and spruced up. We have added gutters and downspouts on all the group homes to prepare for new landscaping. Karen our CFO has become our landscape specialist and is working with our maintenance department to design plantings for the various group homes. Never say , "I love to work in my garden and plant flowers". At Duvall Home that's an invitation to take on another job. Thank you, Karen! As part of our improvement plan several group homes are having their interiors painted as well. Please look for the updates when you visit.

Our pool opened recently. Unfortunately, the water heater in the changing room and a pool pump both had to be replaced the first week. Unexpected expenses always come up when least needed. Cindy and her gang are ready to make this a fun pool season.

We are on the search for a new group home to meet the needs of six new individuals to our home. We have looked at several properties but haven't found the perfect fit yet. We wish for a 3-4 bedroom ranch style home with 2-3 bathrooms. We always need a large lot as well. We have looked in the DeBary, Orange City, Deltona, Deland and De Leon Springs areas. We are looking to branch out into new geographical locations and at the best price. As most of you know our parent, guardian and friends group is having a House Warming to fund the necessary furniture and supplies to open and license the group home. Thank you to anyone who is able to participate. No gift is too small.

I wanted to follow up with anyone who donated to our van appeal. We have purchased two new vans and they are



on the road. We had the seats covered with water repellent vinyl as the cloth upholstery was a light tan. The vans are both white and look great. They will last us many years! We have a matching donation from a family gift due in August and this will allow us to purchase at least one more van. The wonderful response to the appeal has really been gratifying. My sincerest THANK YOU to all! Have a wonderful safe summer and happy travels to all!

Marsha Shankleton, Chief Operating Officer

We have limited openings in our residential cottages. They are located in quiet country settings and offer our special population an opportunity to socialize, grow, learn and have fun with their peers. We offer limited respite care on our main campus. Please contact Marsha Shankleton to set up a tour or receive a packet of information. Phone: 888-445-4722 or 386-734-2874 EXT 105

Email: mshankleton@duvallhome.org

A Message from McGaffin

McGaffin is always ready to have a party! In the last couple of months we have celebrated tons of birthdays. It is always a great time to see how the residents enjoy a day that is especially all about them.

With summer time among us things have started to heat up! On Memorial Day we spent time outside for a beautiful picnic, enjoying the scenery and a yummy meal. With the pool opening this month everyone is excited to get in their bathing suits and take a dip! The hot Florida temperatures make for perfect days in the cool pool water.



Coming up will be our Fourth of July Fashion Show with the residents. We will be sure to get some great pictures to put in the next newsletter, but if you're too excited to wait until then, take a look at our Facebook page! Ice cream socials, a favorite treat of residents, are also in our future as well as picnics and visits to the parks. With any excuse to get outside, McGaffin is looking forward to a wonderful summer!

Cindy Melton, McGaffin Hall Manager

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Adult Day Training "OPPS" News

We have recently made several internal changes to our daily operations. The changes are designed to better meet the widely varying needs of our participants. The Seniors program has been re-established in OPPS and all of the groups have been restructured. We will be evaluating individual goals and adding different content to the curriculum. The overall goal is to increase everyone's level of independence.

We continue to produce "hand crafted" seasonal greeting cards in our Shop. The artwork is very colorful and festive! If your club or group is considering a fundraising activity our cards would be a great addition to your

efforts. You can now order and pay for cards and our other items online from our website www.duvallhome.org.



The 1st Annual "Mother's Day Tea" was held on May 10th in the Chapel. There was a very nice turnout and a great time was had by all. Please mark your calendars now for next year's tea. It will be the Friday before Mother's Day. Thanks to Teresa and Brandy and the Shop Class for their excellent efforts.

Ed McDowell, Director of OPPS

Mother's Day Tea













Worker of the Quarter

Debbie is always a willing and helpful participant in the program. She assists daily with the successful operation of the Snack Cart and is always ready to help everyone. As a result of her efforts and attitude, she has been promoted and will work in the

and will work in the Bargain Store two days a week.





Our Adult Day Training Program is open to both residents and non-residents.

"OPPS" is growing by leaps and bounds!

Openings are available. For more information

contact Ed McDowell (386) 734-2874 EXT 114



Check out our NEW!
Candy Dishes with our
homemade goodies inside.
available in many colors and
designs. \$20 each







Above are samples of card designs made by our OPPS Shop participants. The cards are 4"x 5" are blank inside and come in sets of 4 with envelopes for \$5.00.

To order candy jars or cards call (386) 734-2874 EXT 114 or visit our shopping cart at http://duvallhome.org/oppsshopproducts

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Nancy explores her creative side by designing greeting cards, she challenges herself with 1000 piece puzzles, and loves using the computer to stay in touch with family. A couple days a week Nancy roams the campus of the Duvall Home with a helper in tow. She is one of the few people who run and operate the OPPS Program snack cart, selling snacks to the hungry staff. As Nancy walks through the Administration Building she stops by the offices she passes, "would you like anything today?" she asks, making sure not to miss the opportunity for a sale. She counts back change, memorizes orders, chats with customers, and keeps an eye on whoever is helping her that day. That's Nancy, always interested in those around her and making sure



everyone is on their best behavior. "Nancy does awesome with projects. I can put her in charge of an assignment and she just goes with it. She's a great helper and always participates in whatever she can," states Teresa, Nancy's teacher at OPPS.



Waking up each day and having somewhere to go keeps Nancy busy. She looks forward to her days at OPPS, attending community events like Daytona Cubs baseball games, going swimming, and being an active helper around the Duvall Home. Through the five years Nancy has lived at Duvall, "she is happier and more self-reliant," says Barbara.

Nancy's road to independence has led her to a comfortable place in life. She is involved in daily activities, has many friends, and a home to call her own. "Living here, it has changed me," says Nancy. For those of us here at Duvall, Nancy being here, has changed us as well.

The Recreation Scene

Time for Fun in the Sun!!! Memorial Day 2013 was Opening Day for the Duvall Home Swimming Pool and residents are loving their daily swims!

Take Me Out To The Ball Game..... Our residents are enjoying America's favorite pastime! We have several trips to Jackie Robinson Stadium scheduled to see The Daytona Cubs. Not only do we get to have fun watching the games, but we also enjoy a picnic in the park with hamburgers, hot dogs, salad and more.



The recreation staff is looking forward to a wonderful and busy summer full of fun filled outdoor activities.

Cindy Jakobowski, Recreation Coordinator











The Duvall Home

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The event was a **GRAND** success!

We had a wonderful turnout of more than 140 participants, great sponsors, a 50/50 raffle, and a hard working team of volunteers!

Over \$5,500.00 was raised to help benefit the quality of life for our residents.

Thank you to all those who participated in our inaugural 5K event! We look forward to making next year's 5K even bigger and better!



Take a Look!



Visit our website
www.duvallhome.org and take
a look at our new video,
"Kristin's Story", an
inspiring story of Kristin's
journey, and see how the
Duvall Home was
instrumental in helping
Kristin regain her health and
enrich her life.

Employee of the Quarter Award



The Duvall Home
Employee of the Quarter
Award for the Third
Quarter goes to
Debra Burns!

Debra has been with Duvall Home for 19 years.

Congratulations Debra!

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Housewarming Celebration

You are cordially invited to NOT attend!



June 1st—August 31st

Invite your family, friends, neighbors, and colleagues to participate in this open house non-event!

HELP US TURN THIS HOUSE FOR SIX INTO A HOME!

This year, instead of the Phantom Ball, we have decided to throw a housewarming celebration for the new group home that will become part of the Duvall Home family.

You don't have to shop... You don't have to gift wrap... You don't even have to leave your house!

Your tax deductible contribution will benefit individuals with developmental disabilities living at the Duvall Home.

We would love to invite you to take a tour of the home you helped create. Once the home is up and running we will notify you of a dedication date.

Earlier and Later Donations will be accepted.

Checks can be made payable to: Duvall Home/Housewarming Mail to: The Duvall Home PO Box 220036, Glenwood, FL 32722

Living room

-Sofa

-Loveseat

-Rocker/recliner

-Two end tables

-Table lamp console for TV

-TV 50 inch (large room many people to watch some with vision

attention issues)

Total for room package \$2,589.97

Bedrooms

-Twin bed \$500.00 (Two needed)

-Night stand \$266.00 (Two needed)

-Twin bed \$544.00 (Four needed)

-Night stand \$312.00 (Four needed)

-Chest \$551.00 (Six needed)

-Six mattresses and box springs

Dining room

-Table-\$1,330.00

-Side chairs \$280.00 each (Eight requested as staff also eat with our individuals)

Kitchen

-Silverware \$59.00 for four place

settings (need two sets)

-Pans \$150.00 for set

-Dishes \$59.00 for four place settings

(need two)

-Dish towels \$25.00

-Pot holders (mitts) \$20.00

-Plastic utensils, measuring spoons,

cups etc. \$40.00

-Casserole dishes \$30.00

-Pyrex bowls \$20.00

-Cookie sheets \$15.00 (several needed

for baking)

-Toaster \$39.00

-Coffee pot \$30.00

-Mixer \$35.00

-Blender \$59.00

-Microwave \$250.00

-Range \$800.00

-Refrigerator \$900.00

Laundry

-Iron \$35.00

-Ironing board \$40.00

-Plastic hampers \$10.00 (Six needed)

-Clothes hangers \$20.00 (Need 12 packs)

-Washer \$750.00

-Dryer \$521.00

Bathrooms

-24 Bath towels \$9.00 each

-12 Hand towels \$5.00 each

-24 Wash clothes \$3.00 each

-Four Bath mats \$8.00 each

-Four Rugs \$15.00 each

-Three toilet paper holders \$15.00 each

This list is only suggestions. We must furnish our new group home as you would your own home. Our managers are very smart shoppers and look for price and quality. Please understand any money saved in one area may be used for another home item. As with any house warming, if we get money for two toasters we may need to use some of it for a mixer etc. All monies donated will be used for the benefit of Duvall group homes.

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3395 Grand Avenue PO Box 220036 Glenwood, FL 32722

A Legacy of Love...
A Lifetime of Opportunity

Empowering individuals with developmental disabilities since 1945

Phone (386) 734-2874

888-445-4722

Fax (386) 734-5504

Email

info@duvallhome.org

Website

www.duvallhome.org

Save the Date!



Chance to Win BIG Money!

\$10,000 DRAWDOWN



The **5th Annual \$10,000 Drawdown** will take place this year on Friday, November 1, 2013 from 6:30pm—9:30pm at the Clarion Hotel in DeLand, Florida. Get the date marked on your calendar today and join us in the fall for another year of fun! This year's event will include our traditional bingo, the \$10,000 drawdown, door prizes and black jack, a new addition!

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