



## So much more than just...

Harold has been enjoying the Music Therapy program at the Duvall Home for many years now—but that wasn't always the case. In the beginning he would only sit alone in a corner to make sure no one would touch him and he always kept his distance. After a while, he began to sing-along with his favorite songs and then eventually he joined the group and began participating in the activities and games. Now Harold has grown to the point where if the group starts singing one of his favorite songs, he will finish the tune. He also sings into a microphone and looks forward to the groups outings every other month to perform and show off their musical skills for the folks living at the Florida Lutheran Retirement Home in DeLand.

## Making Music



Robin

Harold's experience is just one of many examples of how individuals with developmental disabilities can benefit from Music Therapy. In this example both communication and social skills were improved through the encouragement of cooperation to finish out the songs as well as in the rewards of performing for the entertainment of others.

Music Therapy is an effective therapeutic and educational tool that can effect changes in several types of skill areas important to people with developmental disabilities. One such benefit that can be realized is in physical skills. Music Therapy helps Robin to maintain motor skills as each week she reaches and grasps her choice of a hand held instrument to make music independently. Robin often chooses the maraca but she also works very hard to reach and strum the guitar resulting in big joyous smiles of accomplishment. As in Robin's accomplishments with the guitar, the opportunity to share in music can be motivational in the sense that it requires extra effort to be made at physical movements.



Leigh

Learning to play the harmonica is also a fun and exciting avenue of learning. Participants must learn to read the numbers and which holes represent the individual notes needed to play their melodies. Playing the harmonica works toward skills such as breath control, eye and hand coordination, attention span, and performance. Keeping a notebook and practicing at home on their harmonicas have given both participants and their assistants a common activity to enjoy together. Also keeping track of a practice notebook and a harmonica, as well as remembering to bring them to class each week helps teach participants the very important life skill of responsibility.

*Continued on page 6*

## **The Duvall Home's Board of Regents**

### **S. Kirby Moncrief**

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## **From the Chairman of the Duvall Home Board of Regents**

It is an honor being the new Chairman for the Board of Regents. On behalf of the entire board we welcome our new Chief Executive Officer, Steven DeVane. Steven and his wife Lisa live in Ormond Beach, Florida. Steven has been a member of the Board of Regents for a number of years and has an in-depth knowledge of the home and has hit the ground running! We are also happy to welcome our new board member Emilie Kimbrough. Emilie and her husband Bob have two children living at the Home and have always been big supporters of Duvall.



I look forward to seeing many of you at the Duvall Home's Support Group meeting on April 13th.

Sincerely,  
Kirby Moncrief

## **From the Desk of Steven C. DeVane, Chief Executive Officer**

After two months on the job I made an observation: Duvall Home is a family. I know what you are thinking, of course it is, and it always has been. That was the vision of Mama and Papa Duvall, to create a place where individuals could come from all parts and from all backgrounds bringing their talents as well as their needs to live and work together for the common purposes of love, mercy, acceptance and compassion. I guess perhaps what I am trying to say is that Duvall Home is STILL a family. With all the pressures that face our administration and staff to provide excellent care and to conform to an ever changing economic and regulatory landscape, you can still hear the sounds of family in the hallways of the Administration building, Barbara Henderson Hall, McGaffin Hall and the group homes.

Some of our staff and residents have been with us 40 plus years and essentially grown up together here at Duvall Home. You can catch a glimpse of family everyday. Our staff meetings are routinely graced with residents who drop by to let us know about their morning or what they did last night. As an observer I realized that this is part of the rhythm of business at Duvall Home. It is the rhythm of family. Guidance is given in love and celebrations will bring us all into the hallway.

I was given a letter written by Mama Duvall sometime around 1965. In her letter she lamented over the pressures of managing an ever-growing organization. She also lamented over the increasing government red tape. Her exact words, "I wish we could just go back to taking care of the children." I think that the Duvalls would be comforted to know that whatever has come our way, the Home is still providing that aspect of life which is so very important to us all, family.

I am so very glad to be a part of Duvall Home in this new capacity. I look forward to all of the challenges that lie before us, for in challenge there is growth. I am grateful for a wonderful staff that has accepted me into the family and provides such loving care to our residents and family members.



I have had the good opportunity to meet many family and friends of Duvall already, but if I have not met you and you find yourself at the Home please drop by my office. I would love the chance to get to know you.  
Steven C. DeVane, Chief Executive Officer

## A Moment with Marsha Shankleton

We are in the mood for Spring! The pool is receiving repairs and new ladders for safety. We purchased a new commercial lawn mower to get ready for the many acres of grass we cut. It's time to spruce up the outdoors with flower pots of color. Next, managers, staff and our individuals begin shopping for the new spring clothes everyone will need as we put away the winter sweaters.

We recently had an appeal for new minivans and thanks to all of you who gave, we will have several new vans in the near future. We are excited that you have offered us with this opportunity to meet our transportation needs. I thank you from the bottom of my heart.

We are shopping for a new group home in the DeLand area. We are looking for four bedrooms and three baths to meet our needs. This is a big task but we are up for it! Once the house is found we must have it licensed by The Agency for Persons with Disabilities. This means the house must be furnished with a bed, chest of drawers and night stand for each individual. We also must have all the glasses, linens, pot and pans, silverware, office, medical cart and living area furniture in place. Our residential team will be very busy.

As always we've had our share of maintenance issues. One lift pump at the sewer plant needed to be rebuilt immediately and one well pump is losing pressure. As per the water consultant the well pump needs to be replaced since it is old and it is not able to be repaired. Total cost is approximately \$10,000.00 for both items. Just like your home, unexpected repairs crop up. Ours just cost more!



Marsha Shankleton  
Chief Operating Officer

*We have limited openings in our residential cottages. They are located in quiet country settings and offer our special population an opportunity to socialize, grow, learn and have fun with their peers. We offer limited respite care on our main campus. Please contact Marsha Shankleton to set up a tour or receive a packet of information. Phone : 888-445-4722 or 386-734-2874 EXT 105  
Email: mshankleton@duvallhome.org*

### A Message from McGaffin

The residents of McGaffin Hall are always ready for a party!

So far this year they have celebrated the magic of football with a Super Bowl Party, shared the love with a Valentine's Day Party, and remembered the luck of the Irish with a St. Patrick's Day celebration.



Pictured here is Mike having a great time at Dr. Brown's retirement party!

Plans are in the works for an Easter celebration and plenty of field trips for the springtime.

### The Duvall Home Friends Support Group

#### Meeting Reminder!

Please plan to attend our next Duvall Home Friends Support Group Meeting to be held on **Saturday, April 13th at 10am** at the Huebsch Chapel at the Duvall Home main campus. We have many important topics for discussion and are hopeful that we will have many of you in attendance. Lunch will be served immediately after the meeting. Everyone is welcome.

**Topics for Discussion Include:** New Group Home, Managed Care, Affordable Care Act and it's potential effect, new fundraising events, status of the Mini Van Appeal, other major expenses, changes in the Board of Regents and the Phantom Ball.

If you have a topic not listed here that you would like to suggest please contact Debra West (386) 734-2874 EXT 102.



## Adult Day Training "OPPS" News

The OPPS day program continues to grow and be productive. We have just added six new community participants!

Sales of our handcrafted holiday and all occasion cards and other items made by our shop participants continue to be successful. We have just added a handmade, highly decorated candy dish that can have a seasonal theme or be decorated for use all year. It would look great on your desk or in your family room!

We also continue to work at our on-campus and community jobs. Two of our workers are now working independently two days a week at the Bargain Shop and we continue to volunteer at Florida Hospital DeLand and deliver Meals on Wheels.



Ed McDowell,  
Director of OPPS

### Worker of the Quarter

Elizabeth E. has become an excellent worker at OPPS! She is always on task and adjusts well to changes in her routine. Daily, she independently wraps all of our silverware and sets the table for everyone's lunch. She is very cheerful and we are very proud of her progress!



**Congratulations  
Elizabeth!**

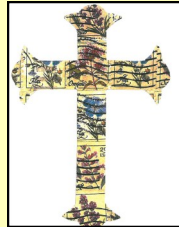
Our Adult Day Training Program is open to both residents and non-residents.

"OPPS" is growing by leaps and bounds!

Openings are available. For more information contact Ed McDowell (386) 734-2874 EXT 114



Check out our NEW!  
Candy Dishes with our  
homemade  
goodies inside.  
available in many colors  
and designs.  
\$20 each



Above are samples of card designs made by our OPPS Shop participants, out of recycled stamps and greeting cards. The cards are 4"x 5" are blank inside and come in sets of 4 with envelopes for \$5.00. To order candy jars or cards call (386) 734-2874 EXT 114, visit our shopping cart or download an order form at [www.duvalhome.org/oppsshopproducts](http://www.duvalhome.org/oppsshopproducts)

## BOWLING FOR DUVALL HOME



Our first bowling fundraiser happens on Sunday, March 24th. We have 22 teams and are sure to have lots of fun!

Thanks to the following who donated door prizes and many thanks to all who participated in the event!

Lace & Accessories, Sonny's BBQ, Casey's, Volusia Center for Complimentary Medicine, Hope Reins Horseback Riding, Airport Restaurant, Bellini's Restaurant, The Elusive Grape, Kermit's Key West Key Lime Shop, Boulevard Tire, Dustin's BBQ, The Muse Book Store, Massage by KJ.

Since this newsletter is going to print before the event you'll have to wait to find out who carries home the bobble-head trophies and the scratch-off lottery ticket tree!





## C. Robert Brown, DMD, MS, Dental Clinic

For over thirty years Dr. Brown has served as the dentist for the clients of the Duvall Home. At first his patients were transported to his office in Daytona Beach until he learned that there was a dental clinic located on the Duvall Home campus. That is when he began his weekly trips to the Home which helped to make visits to the dentist for our folks a much less stressful event. On Friday, March 15th, Duvall staff and residents held a retirement party for



Dental Clinic Team, L-R: Cathy Brown, Cindy J., Dr. Brown, Melissa Grady & Cindy Tyler

Dr. Brown. Our OPPS shop participants made the party decorations. One wall was decorated with close-up photos of their happy smiles, they used dental floss to string cutouts of teeth around the room, and the centerpieces were tissue paper flowers with toothbrushes for the center.

Because Dr. Brown was so dedicated to providing the very best care to our folks, for his many years of service and long time support to the Home the clinic will now be designated as the ***C. Robert Brown, DMD, MS Dental Clinic*** in his honor. A former colleague of Dr. Brown's, Dr. Louis LaTulippe, DMD, whom also attended the party will be taking Dr. Brown's place. Dr. LaTulippe has a specialty pediatrics practice in Ormond Beach, FL. As much as Dr. Brown will be missed we are fortunate to welcome Dr. LaTulippe to the Duvall Home family.



Dr. C. Robert Brown and Marsha Shankleton, COO

## The Recreation Scene

The Recreation Department has been very busy with our Cowboys and Cowgirls at Hope Reins! Two of our riders participated in Hope Reins' "Show What You Know Day" on March 16<sup>th</sup>. It is always wonderful to see how effective therapeutic horseback riding is and to watch the excitement of the individuals faces as they accomplish more and more with each lesson.

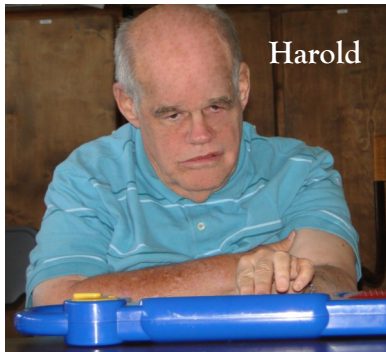
We have also had several groups of students from the Daytona State College Occupational Therapy and Dental Hygiene programs on campus doing presentations and activities with our clients.

FUN was had by all!

Cindy Jakobowski,  
Recreation  
Coordinator







Harold



Jason

Continued from page 1

Since music provides an effective means of focusing attention and assists in memorization, cognitive skills are also positively affected. One favorite activity that lends itself to this is Music Bingo. Participants listen to a music instrument and then identify and find that instrument on their bingo card. It is very competitive as everyone works hard for a "Bingo." Now when at concerts, participants not only enjoy the music but they can identify the instruments being played by the musicians and better appreciate being a part of a concert audience.

Some of the newest members to Music Therapy have joined by taking the initiative to ask to attend. On Mondays this group is so excited that they are usually ready and waiting on their cottage porch to get on the bus to come to class. Each and every music therapy participant has their own unique learning curve and awesome story. The stories of growth in this program are endless.

Perhaps most important for some is the fact that they can successfully participate in music even if they have significant difficulties in other areas. Their success has a positive effect on self-esteem, and having experienced that feeling of accomplishment, they may be motivated to try other challenging things. When a specific note, played on an instrument, is critical to the completion of a song—even a person with severe physical disabilities can be the star of a successful musical event, such as the performances that take place each year at the Duvall Home's Christmas Pageant.

Vicki Gross is a board certified Music Therapist and has been working with the residents of Duvall Home for over a decade. Vicki says, "I am so honored, not only to be the music therapist, but to have become a part of the extended Duvall Home family throughout the last twelve years. We celebrate holidays, special events, and I look forward to taking the stage with my participants during the yearly Christmas Pageant. On *Music Mondays* we work on maintaining present skills, strumming guitar, reaching and grasping for instruments, singing, and self-expression. We all enjoy quality time with a common love of music."

*Vicki Gross is an independent contractor and provides Music Therapy services for about 35 residents of the Duvall Home. There is a separate fee involved. For more information about the program you can speak to a Duvall Home manager or contact Vicki at 386-547-7159 or 386-427-9081 her website is [www.vickigross.com](http://www.vickigross.com) or email [vickigrossmt@gmail.com](mailto:vickigrossmt@gmail.com)*



Carol



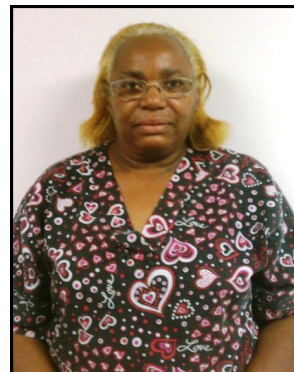
Jennifer

### In Loving Memory of

**Billy F.  
Allan G.  
John S.**

*Since January 1, 2013 these residents of Duvall Home have been called to Heaven and are deeply missed by their caregivers, friends and family members.*

### Employee of the Quarter



The Duvall Home Employee of the Quarter Award for the Second Quarter is Katie Allen! Katie has been with Duvall Home for a little over 15 years. Congratulations Katie!



# THE GRAND 5K

WALK/RUN & COMMUNITY EXPO

GRAND AVENUE, GLENWOOD, FL



Inaugural Fundraiser to Benefit  
Adults with Developmental Disabilities

**Saturday, April 27 2013 • 8AM Start**

The Duvall Home • 3395 Grand Avenue, Glenwood, Florida

Enjoy the Natural Beauty of Glenwood, Florida – Home of West Volusia's Bird Sanctuary. The route for this foot race encompasses the northern portion of Volusia County's Spring to Spring Trail located along Grand Avenue. This event is open to walkers and joggers. The race event will be timed and managed by Alta Vista Sports of DeLand. Businesses and other Non-Profit organizations will be on display at the Community Expo before and after the race. The Grand begins and finishes at the Duvall Home located just North of DeLand. This event is a fundraiser that will help to support the quality of life and specialty programs for individuals with developmental disabilities living at the Duvall Home.

**Registration:** Early Registration and On-line deadline—Tuesday, April 23rd at 5pm ▪ Event Day—registration opens at 6:30 am

**\*Entry Fees:** 5K— \$20 Early Registration ▪ \$25 Event day

*\*Entry fees are non-refundable T-shirts are included with each early entry and not guaranteed on race day registration.*

**Location:** The Duvall Home ▪ 3395 Grand Avenue, Glenwood, Florida 32720

**Start Time:** 8am

**Awards:** Top male and female overall and the top three in the following age groups 1-11, 12-17, 18-29, 30-34, 35-39, and in 5 year groups to age 75 and over.

**Community Expo:** Exhibits and Sponsor Displays before

For more information about registration or for  
sponsorship opportunities

(386) 734-2874 Ext 102 or 126 [development@duvallhome.org](mailto:development@duvallhome.org)  
[www.duvallhome.org](http://www.duvallhome.org)



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## From the Development Team

### The winds of change are a blowing!

Funny how the one thing that you can count on to remain the same, is that things always change. So far this year there sure have been plenty of new things happening at the Duvall Home.

Our New Year began with our new Chief Executive Officer—Steven DeVane—bringing with him a vast experience in communications, leadership development and a natural passion for helping others. Definitely attributes that will be beneficial to help guide this big ship into a future that promises to be blustering with many shifts in the wind.

The year also began with an unexpected donation of \$50,000.00 towards the purchase of our next new group home, thanks to the thoughtfulness of Dot and Howard Duff whom during their lifetime supported the mission and the work of Duvall. With respect to their having included the Duvall Home as a provision in their will, a plaque will be placed in their honor at the new group home once it is established. If you know of anyone interested in a similar type of planned gift, as a legacy that will provide housing for residents for years to come, we welcome that you let us know.

This spring begins with two new events; our Bowling for Duvall (which will be history by the time you receive this mailing) and our inaugural 5K. THE GRAND 5K takes place on Saturday, April 27<sup>th</sup> here at the Duvall Home on the Spring to Spring Trail along Grand Avenue. Your support is much needed to make this new endeavor a success. You don't have to run or walk, you could be a sponsor or just help us to get the word out by sharing the event with people you know, distributing posters and postcards, is also a huge benefit.

As you read through this spring edition you will see that there are many new things happening throughout all the departments at Duvall. If you wish to stay more up to date with Duvall Home activities we invite you to subscribe to our email newsletter. Those interested can sign-up on our website or just give us a call and we will gladly add you to the list.

It looks like several new minivans are in our future...see

the update on the back page.

Happy Spring!

From the prevailing winds,

Debra & Samantha





## DUVALL HOME

3395 Grand Avenue  
PO Box 220036  
Glenwood, FL 32722

**A Legacy of Love...**  
**A Lifetime of Opportunity**

**Empowering individuals  
with developmental  
disabilities since 1945**

**Phone** (386) 734-2874

888-445-4722

**Fax** (386) 734-5504

**Email**

info@duvallhome.org

**Website**

www.duvallhome.org

### **A VERY Special Thanks and Update on the Mini Van Appeal !**

All of us at the Duvall Home would like to extend our most sincere thanks to all of you that so graciously donated to our Mini Van appeal. It is amazing the way our donors and family members have stepped up to the plate and because of you we have hit the ball way out of the park!

At the time of this publishing we have received a total of \$55,545.00 from a total of 112 donors. Also one family has pooled their contributions which will be matched by triple from a foundation. This additional \$36,000.00 will be received sometime in July. This is the most successful campaign we have ever had.

Donations received in the excess of the \$46,000.00 needed to purchase the two mini vans will place us in the position to have the dollars set aside for additional vehicles to service new group homes as we add them. God has truly blessed us with super hero donors. **Many, Many Thanks!**

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U.S. Postage Paid  
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Permit 50  
32130

### **Duvall Home's Wish List**

1. A house nearby for a new group home—  
\$250,000.00 less the \$50,000.00 we already  
have donated.
2. A new roof for the other half of Henderson  
Hall—\$35,000.00
3. Arjo Lift for McGaffin Hall—\$5,500.00
4. Arjo Lift for OPPS—\$5,500.00
5. 42" TV with built-in DVD player for OPPS—  
\$500.00
6. iPads to be used as a form of communication  
for non-verbal residents—\$399.00 each
7. Projector for OPPS Rec Hall—\$200



