NEWSLETTER



In the Spotlight -The Right Place for Kristin

After suffering two strokes and many seizures—Kristin's neurologist recommended Hospice to help with her care.

That was when Ken and Elaine realized that her doctor did not expect their 44 year old daughter with Down's syndrome to live much longer. Elaine shares, "We had reached a point somewhere between worn thin and stressed out of our minds from the physical care and the load of thinking she wasn't going to live very long." "Kristin was on so many medications and asleep most of the time" adds Ken, "She was in a wheelchair, couldn't walk or feed herself and had terrible tremors, she needed help with everything." "When Hospice came to our home we asked about options to relocate Kristin," said Elaine, "So at least at the end of her life we could be her parents and she could be our daughter again."

Elaine began searching for a place for Kristin while Ken stayed at home with her because she was too sick to go out. After many visits to assisted living facilities and nursing homes, that were very nice—just not the right fit—a young administrator at a facility in Deland suggested the Duvall Home. Elaine contacted Marsha Shankleton, Chief Operating Officer and they met that same day. Elaine remembers, "As I was driving down the lane to the cottage it



Kristin brushing Ice when Hope Reins visited the Duvall Home.



Kristin at "OPPS" helping out with a direct mail campaign.

was suddenly like the weight of the world was lifted off of me and I hadn't even seen the cottage yet. It was an

overwhelming feeling of peace—that this was the right place for Kristin." Gatlin Cottage, one of Duvall's ten group homes, had an opening—and within two weeks Kristin moved in and Hospice came with her.

Kristin had lived at a similar residence in Massachusetts so even though she was sick she was receptive to the idea of living in her own place again. For the first couple of months at Duvall she spent most of her time sleeping. After adjusting her medications a little she began to feel better. Kristin just started getting better and better and then she was discharged from Hospice!

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3395 Grand Avenue = P.O. Box 220036 = Glenwood, FL 32722-0036 = PHONE (386)734-2874 = FAX (386)-734-5504 = www.duvallhome.org Empowering Individuals with Developmental Disabilities

From the Desk of Martin Favis, President/Chief Executive Officer

The Duvall Home's Board of Regents

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Contact the Board of Regents at board@duvallhome.org



It is hard to believe it's almost summer! Time flies when you're having fun. Well, most of the time! It's been an eventful period for all of us at the Duvall Home. Like everything and everyone, some good, some bad....

- Our 4th Annual Golf Tournament was a rousing success. We actually had to turn down prospective players as the field got a little too large for our capacity. Once again, Mr. Deane Beman was present, and that always adds credibility and excitement to our event.
- We've seen some terrific momentum with our development team, as both Debra and Sami have been all over the map making presentations at regional churches and other groups within Florida. We are now starting our focus and efforts for a collaborative Planned Giving campaign for parents and guardians. More to come shortly!



Mr. Deane Beman

- Ed and the OPPS division are busier than ever. We have a record census and seeing several referrals and admissions from community based sources. Also, Ed has "tweaked" the program, and we feel it's one of the best adult day programs in the country. Great leadership, staff and program resources is obvious!
- We've begun sprucing up some of our group homes. We've already done considerable work to Davis and Wardwell, Wheeler is now undergoing a minor transformation.
- We've seen some great stability and less staff attrition due to great leadership and outstanding work from Christina our HR Manager. Retaining top employees is always a top priority for us.
- We are looking for another group home. We are basically full, and continue receiving referrals for admission. Unfortunately, there's been some difficulty locating an acceptable home. Leasing was our first choice; looking now at other potential scenarios.
- There's been some adjustments and changes to our regulatory local offices via APD. (Agencies for Persons with Disabilities) The local office in Daytona is being combined with the Jacksonville and Gainesville zones, so this will be a major change and adjustment. It's all new so more to follow once the transition transpires.
- The Duvall Home was looking to start a summer camp this year, but the demand just wasn't there. We actually did a fairly comprehensive local survey and received about 65 responses. So, we are putting the camp on the back burner for this year, but hope to have progress for next summer. Stay tuned!
 - Of course the summer means the opening of our famous swimming and aquatic program. This is welcomed by both residents and staff. This may be the year I brave the elements and take a dip myself. Maybe some type of fund raising event or employee BBQ in conjunction? We shall see!
- I had the pleasure of cooking again for this year's employee appreciation BBQ. Along with Matt and most of the managers, we cooked over 250 hamburgers and hot dogs, and 12 pork shoulders. I smelled



like smoke for a week but it was well worth it. We gave away a ton of door prizes, and a good time was had by all.

Have a Martin

Have a great summer!



A Moment with Marsha Shankleton

The Duvall Home has been blessed with a long history of caring staff, parents, friends and volunteers. Thank you for all you do and hopefully will keep on doing. The individuals we support and our staff rely on your generous help to meet our mission.

Recently, after regular hours, our laundry experienced a fire which started in one of the dryers. The damage left the investigators unable to determine the exact cause. No one was hurt but we suffered extensive interior damage. We are so very relieved our insurance is seeing our present needs are met and we will end up with a redone laundry with new equipment! Our wonderful laundry team has been going to the Laundromat daily to get the job done and it's lots of extra work loading and unloading the vehicles to drive to the Laundromat.

The group home managers are in the process of a redo on our Wheeler Cottage. They have ordered new flooring for the whole house, new living room furniture and the entire interior has been painted in fresh new colors. The exterior will receive some new plants and shrubs and be spruced up. The men who live in Wheeler Cottage will enjoy showing off their nice new home.

We are busy showing our cottages and the OPPS program to interested families. We are delighted some new people have come to live with us. We love to show off and thank you for telling others who may need our services about us.

Many activities are planned and of course many families and friends will visit this summer. Please let us know if you are in the area and come see us!

Marsha Shankleton, Chief Operating Officer

We have limited openings in our residential cottages. They are located in quiet country settings and offer our special population an opportunity to socialize, grow, learn and have fun with their peers. We offer limited respite care on our main campus. Please contact Marsha Shankleton to set up a tour or receive a packet of information. Phone : 888.445.4722 or 386.734.2874 Ext 105 or Email: mshankleton@duvallhome.org

Update from the Duvall Home's "Dynamic Duo"—Development Team

Since our last newsletter we have been putting the miles on the (bat mobile) tires as we have traveled throughout Central Florida presenting to numerous churches and community organizations. We are happy to say our reach is beginning to diversify as new organizations are looking to learn more about Duvall Home. We are always looking for new opportunities to present the mission of Duvall Home, so keep us in mind if you know of anyone that needs a speaker.



When we are out and about we are often asked about what we do with the Campbell's Soup Labels. The *Labels for Education* program allows us to purchase with credits a variety of items like cameras, televisions, art supplies, musical instruments and more. We now have a list of

participating brands on our website or let us know if you would like us to email you a copy. Another popular question is what do we do with the cancelled stamps. Our "OPPS" shop class produces very unique greeting cards for any and all occasions. Pictured here is one of our favorites from the *Easter Collection*.



On April 30th we hosted our first but Duvall Home's 4th Annual Charity Golf

Tournament. We both learned a lot about golf and the day was a great success with 112 registered players, beautiful weather, and a delicious Italian buffet.





We are making plans for our next fundraising event—The \$10,000 Drawdown! We are planning to add live entertainment and possibly a classic car show and motorcycle cruise-in. We will keep you posted as details get worked out.

Have a safe and happy summer season!

Debra West & Samantha Gruber

"Batman"

The Duvall Home

Adult Day Training "OPPS" News–Greeting Cards for Dads Day

The OPPS Adult Day Training Program continues to grow! We now have over 60 participants regularly attending! Many of our new participants are from the community and we continue to give tours and receive interest for additional placements.

We are working hard and looking for additional opportunities in the community for our participants, up to and including employment. Many of our people have made great strides in work skills and independence and would make great employees! We are in the community every day of the week and participate in many important community events.





SALES!! We continue to market and sell special occasion and all purpose greeting cards created and produced by the Shop class. The cards are very attractive and provide information about the program on the back. We also continue to produce the cookies in a jar, their sales have also been very robust. See some examples of Father's Day Cards on the order form below...They are all blank on the inside, perfect to right your own special message. Give us a call at ext. 114 for more information or to order yours today!

Thanks, Ed McDowell-Director of Adult Day Training

Our Adult Day Training Program is open to both residents and non-residents. "OPPS" is growing by leaps and bounds! Openings are available. For more information contact Ed McDowell (386)734-2874 Ext 114 emcdowell@duvallhome.org

Greeting Cards & Cookie Jars	CONG
Your purchase helps to support the Adult Day Train- ing Center—nicknamed "OPPS" for Opportunities— at the Duvall Home. All items are made with love by our students with developmental disabilities.	
ORDER FORM	
Name	
Address	
Phone I	
Email	
GREETING CARDS—Cards come as four per set includes envelopes \$5 per set	
QTY sets of All Occasion Cards	
QTY sets of Holiday Cards please indicate what Holiday	
Cards Subtotal \$	+
COOKIE JARS—Just add butter vanilla and eggs and bake! \$10 each	
QTY Blondie Mix	
QTY Monkey Cookies	
QTY Chocolate Cherry Brownies	
Cookie Jars Subtotal \$	<u> 32037</u>
Please ADD \$5.00 for shipping if we are mailing	
items to you. PLUS \$3.00 for more than one jar	
Shipping \$ TOTAL DUE \$	
	Jim, Lyle

CONGRATULATIONS OUTSTANDING VOLUNTEERS!



The United Way of Volusia recently named the OPPS program as runner-up for the Volunteer Group of the Year for all of Volusia & **Flagler Counties.** The award was received by two of our participants at the annual luncheon in Daytona Beach. We were nominated by the **Council on Aging for** our work with Meals on Wheels.



Jim, Lyle, Michelle, Priscilla, Kim, Jennifer, Elizabeth, Nancy

The Recreation Scene-Out and About

The recreation department has been spending a lot of time at Hope Reins located at Marcody Ranch in New Smyrna Beach. Hope Reins has been providing **Therapeutic Horseback Riding** for several of our residents. On May 12th Hope Reins hosted their annual "Show What You Know" fundraiser in which 20 of our clients attended and one of our clients— **Dale pictured here** (right) participated in the show. We are very excited to be involved with such a wonderful organization.



Baseball season has started!! We will be attending at least four Daytona Cubs Baseball games this season. Our residents really enjoy all of the baseball excitement and the wonderful food that The Daytona Cubs provide. **Aaron** (pictured left) got to throw out the first pitch at the most recent game.



Along with our many trips to state parks and to some of local businesses we are also involved with Florida

Lutheran Retirement Community a local ALF. Six times a year we have a group of 12 clients visit their facility and participate in Music Therapy. It is great to see all of the musical interaction and the wonderful talent as well! Check out our website and see Nancy's rendition of *Yes Jesus Loves Me*.

As the weather keeps heating up we are very excited to be able



to cool off in our Junior Olympic size swimming pool. We opened the pool on May 21st and are looking forward to **a wonderful pool season** which provides great benefits to all of our clients, like **George pictured here!**

Cindy J, Recreation Coordinator

McGaffin Hall has a Green Thumb!

Watching Our Garden Grow! We planted a garden in March and we have squash, zucchini, tomatoes, bell peppers and are looking forward to watermelon.

Our X Box Zumba program has become very popular. Even our residents that are nonambulatory can participate and enjoy moving to the Latin beat with this the latest craze in this easy to follow dance/fitness party.

The summer is going to be busy and filled with fun and entertainment as we get ready for our annual Luau and



a trip to Sea World in June and then the Fourth of July Picnic and festivities.

Cindy Melton, McGaffin Hall Manager





Kristin performing at the Duvall Home Christmas Pageant. December 2012.

(Continued from front page) Kristin's ability to have a conversation had become diminished. As she began to slowly engage in a life of her own she began to share with her family the things she would see on her scenic rides in the van. Physical therapy was the beginning of getting Kristin out of the wheelchair and into a walker but it was the ability of the Duvall staff to engage her in activities that lead her back to being the bright capable girl that she was before. Not under pressure but with repeated invitations, Kristin finally agreed to attend a Duvall dance. "Being at Duvall has given her a steady daily dose of positive things in her life," says Elaine.

Kristin has lived at the Duvall Home now for almost three years and she attends "OPPS" the Adult Day Training program, four days a week. She has returned to living the life she once knew and takes great interest in her housemates, their activities and lives, as well as her neighborhood and community.

Elaine goes on to say, When I first came to Duvall I immediately had a sense that the business side had its act together to the extent that it was safe, stable, and that communication was good. Even though at the time (three years ago) they hadn't been here long enough to make an impact—I had a good feeling

about Martin Favis (Chief Executive Officer) and Mary Hargrave (Director of Nursing). I trust Marsha Shankleton (Chief Operating Officer). Marsha doesn't just say something to make parents feel better, she tells it how it is and that is worth a million, a huge trust factor.

Kristin's successful rebound is one-of-a-kind. It is a wonderful and true story however it is not an example of typical outcomes. The needs and abilities for every individual with a developmental disability are varied. It is our mission at the Duvall Home to provide the highest quality of life and greatest level of independence for each resident. This is achieved through individualized care plans that include educational opportunities and life skills training.

Friends Welcome! The Duvall Parents, Guardians & Friends

The main focus of our group is to support The Duvall Home and provide opportunities for the parents, guardians and friends of the residents to gather and share their common interest. The staff of the Home has been generous in providing information to keep us informed about the many new developments that affect the programs and services provided at the Home and what we hear is encouraging! We would like to expand these educational opportunities to include other groups and organizations.

The Board of the DPGFA has discussed with the administration of the Home ways we can serve more effectively and as a result of these discussions, we are changing the way we are organized slightly to make the process more efficient. For the next few months we will be working on this transition, but while this is in process, we are still busy with our annual Phantom Ball and hope you will be participating with us.

A copy of the new Phantom Ball flyer is on the next page. **Note**: The wording has been changed slightly from the previous version to accommodate the transition. The goal for this year is to provide funds for new appliances as needed in the group homes and other campus buildings and to support the vocational training in the OPPS program by purchasing necessary equipment.

Debra West, Chief Development Officer, will be coordinating our activities and we look forward to working with her as we make this organizational transition.

Emilie Kimbrough, President-The Duvall Parents, Guardians and Friends



Jeanne Johnson presents Marsha Shankleton with a donation for the frozen custard machine.

Two items that were originally on the Phantom Ball needs list —a golf cart and a soft frozen custard machine, were made possible by the generous donations from individuals that are members of DPGFA.

Many thanks to Doug & Jeanne Johnson for the frozen custard machine which we are anxiously awaiting its arrival and Dr. Ronald & Mildred Hansrote for the beautiful pink golf cart.

Duvall Home's Nurses—Making the Grade!



(Left to right) Sue Szekely–Charge Nurse Clare Coombs– Assistant Director of Nursing Marcie Newton–McGaffin Hall Nurse Mary Hargrave–Director of Nursing

The designation as an "Intellectual/Developmental Disability Certified (I/DD) Nurse" not only means experience in working with persons with I/DD, it means dedication.

A registered nurse with the special designation of CDDN (certified developmental disabilities nurse) and an LPN who is certified as a DDC (developmental disabilities certified) first must prove that he or she has at least 4000 hours of experience in the direct nursing care of persons with I/DD, then demonstrate a high degree of expertise in the field of I/DD nursing by passing the national certification exam in this specialty, and then maintain that level of expertise by completing required ongoing continuing education specific to the field of I/DD nursing.

CDDNs and DDCs understand and comply with the standards of the Developmental Disabilities Nurses Association, practice by those standards professionally, and set an example of excellence. Certification demonstrates a nurse's experience, competence, and proficiency beyond that required for basic nursing licensure. Certified nurses benefit the profession of nursing, the specialty of developmental disabilities, and the people for whom they care.

What this means for our residents is that we can meet their complex nursing care needs, and help to ensure their health and quality of life.



Having a CDDN or DDC makes the difference!

Congratulations and thanks for your dedication to achieving this specialty certification from the DDNA!





3395 Grand Avenue PO Box 220036 Glenwood, FL 32722

A Legacy of Love... A Lifetime of Opportunity

Empowering individuals with developmental disabilities since 1945

Phone (386) 734-2874

888-445-4722

Fax (386) 734-5504

Email

info@duvallhome.org

Website www.duvallhome.org

Jennifer, Marcie and Dixie—Duvall Home's Winners of the Crazy Easter Bonnet Contest held during the Annual Employee BBQ!



Special Thanks

Debbie White owner of Majors Medical Supply Company in DeLand, FL. Debbie provided over a \$1750.00 value of medically necessary but non-covered items for a specialty wheelchair for one of our residents.

Also, Kudos to the members of the Port Orange Presbyterian Church for the Chapel Clean-up and to Westminster Presbyterian Church in Greenville, South Carolina for the new roof and materials on our campground bathhouse. Presort Standard U.S. Postage Paid Non-Profit Permit 50 32130

Duvall Home's Wish List

- 1. A house nearby for a new group home
- 2. A new roof for the other half of Henderson Hall
- 3. Good working computers—Desktop or Laptop
- 4. Concrete repairs for the pool deck and pump house
- 5. Lightweight folding wheelchair with foot rests for transporting residents to appointments
- 6. IPads to be used as a form of communication for non-verbal residents
- 7. Donations via the Phantom Ball for our appliance fund
- 8. Roofers/labor only to replace roof on cabin at the campground
- 9. Used furniture, household items, clothing etc...for resale at our Bargain Shops
- 10. "WII" gaming system with exercise component